

# AFRICA OUTPOST

## HOT DRINKS

Babyccino 87Kcal	£2.05
Kids Hot Choc 151Kcal	£2.75
Tea 1Kcal	£2.95
Special Tea 1Kcal	£3.25
Espresso 1Kcal	£2.95
Db Espresso 2Kcal	£3.50
Americano 1Kcal	£3.80
Flat White 70Kcal	£3.80
Latte 130Kcal	£4.25
Cappucino 134Kcal	£4.25
Mocha 224Kcal	£4.75
Hot Chocolate 226Kcal	£4.50
Add Syrup 32Kcal	£1.00
Add Shot 1Kcal	£1.50
Add Marshmallows 33Kcal	£1.00
Add Cream 58Kcal	£1.00

## COLD DRINKS

Still or Sparkling Water Cans	£2.00
Fizzy Cans	£2.50
Juice Cartons	£2.25
Milkshake Cartons	£2.25
Iced Slushies	£4.50

## BAKERY

Chocolate Brownie 303Kcal	£3.25
Flapjack 585Kcal	£3.25
Cookie 235Kcal	£2.45
Rocky Road 295Kcal	£3.25
Muffin 504Kcal	£3.75
Iced Doughnut 437Kcal	£2.95

## HOT FOOD

Jumbo Hot Dog 633Kcal	£8.95
Jumbo Vegan Hot Dog 400Kcal	£8.95
American Jumbo Hot Dog 678Kcal Topped with ketchup, mustard & crispy onions	£9.50
BBQ Jumbo Hot Dog 962Kcal Topped with cheese, bacon & BBQ sauce	£11.95

## ICE-CREAM

Whippy Ice Cream 122Kcal	£3.95
Whippy with Flake 288Kcal	£4.70
Whippy with Flake & Sauce 316Kcal	£5.45
Packaged Ice Creams	from £1.75
1 Scoop avg 164Kcal	£3.95
2 Scoop avg 270Kcal	£4.95
Add Flake 166Kcal	£0.75
Add Sauce avg 28Kcal	£0.75
Add Sprinkles avg 41Kcal	£0.75

## LUNCH

Sandwiches	from £4.50
Baguettes	from £6.25
Salads	from £7.25

## SNACKS

Tyrrell's Crisps	£2.10
Pom Bears	£1.95
Proper Corn	£2.75
Jelly Squeeze	£1.95
Penguin Bars	£1.50
Raisins	£1.50
Granola Yoghurt Pot	£3.25
Fruit Salad Pot	£3.25

## CHILDRENS MEAL BAG

£7.95  
Choose 1 children's sandwich, 1 juice carton,  
1 Pom Bears, 2 snacks



Average recommended daily calorie count 2000Kcal a day