















# ALLERGEN CARD















Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Apple & Blackberry Crumble		✓ Wheat											MC	

INGREDIENTS: Mix Crumble Compass 3.5KG (**Wheat**), Filling Pie Blackberry Apple 2.5KG  
 May Contain: Soybeans

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BBQ Pork Ribs	✓	✓ Barley ✓ Wheat												

INGREDIENTS: Ribs BBQ Full Rack Cooked Brakes (**Barley, Wheat, Celery**), Sauce Barbecue Texan HP 2.15L

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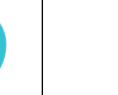
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	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Beer Battered Fish		✓ Barley MC Kamut MC Oats MC Rye MC Spelt ✓ Wheat		✓	✓									

INGREDIENTS: Ale Meantime London Pale Ale 33cl (**Barley**), Sauce Tartare Heinz 2.15L (**Eggs**), MSC-POLLOCK: FILLET - SKINLESS & BONELES (**Fish**), Lemons BB, Mix Batter Premium The Bay 16KG (**Wheat**), Spice Turmeric Ground Brakes 550g, Salt Cooking Brakes 3KG, Pepper Black Cracked Sysco 500g, Wild Farmed Flour Plain 16KG (**Wheat**)  
 May Contain: Kamut, Oats, Rye, Spelt

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Cajun Chicken Burger		<b>MC</b> Barley <b>MC</b> Oats <b>MC</b> Rye ✓ Wheat		<b>MC</b>			<b>MC</b>		✓				<b>MC</b>	

INGREDIENTS: Onion Red PK 10KG, Seasoning Cajun Sysco 650g, Tomato Beef Premium 7KG, Lettuce Cos Premium 300g, CHICKEN BREAST ESCALOPE 142-170G EACH, Oil Rapeseed Extended Life KTC 5L, Salt Sea Maldon Tub 1.5KG, Pepper Whole Black Sysco 600g, Burger Bun Vegan BriocheStyle Labo 90g (**Wheat**), Salt Cooking Brakes 3KG, Oil Rapeseed Extended Life B/B 20L, Fries Rustic Sunf HomeStyle FF IBP 2.5KG, Garlic Fresh Pack Premium, Lemons BB, Oil Olive Pomace Blend Brakes Ess 5L, Mayonnaise Vegan Hellmanns 2L (**Mustard**)  
 May Contain: Barley, Oats, Rye, Eggs, Milk, Soybeans

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Char Grilled Chicken Breast	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites

INGREDIENTS: CHICKEN BREAST ESCALOPE 142-170G EACH, Salt Cooking Brakes 3KG, Oil Rapeseed Extended Life B/B 20L

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	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Chocolate Ice Cream Sundae		✓ Wheat		✓			✓				✓ Hazelnuts		✓	

INGREDIENTS: Choc Bar 99 Cal Flake Cadbury 32g (**Milk**), IceCream TrpChoc Artiscoop CarteDOr 5.5L (**Wheat, Eggs, Hazelnuts, Milk**), Sauce Choc Dessert Brake 500g (**Soybeans**), Cream Aerosol 500g (**Milk**)

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Recipe	Allergens													
														
Coleslaw	Celery	Cereals With Gluten	Crustaceans	Eggs ✓	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites

INGREDIENTS: Carrot Catering 12.5KG, Spice Crack Black Pepper 500g, Sauce Mayonnaise Light Heinz 5L (**Eggs**), Cabbage White Premium 1KG, Cabbage Red Premium 1KG, Salt Cooking Brakes 3KG

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Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites	
Cream for Crumble						✓								















INGREDIENTS: Cream Double Poly RT 2.27L (**Milk**)

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Recipe	Allergens													
														
Custard							✓							

INGREDIENTS: Custard Ready To Serve Brakes 1L (**Milk**)

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Recipe	Allergens													
														
Dressed Salad									✓			<b>MC</b>		

INGREDIENTS: Salad Catering Mixed 500g, Dressing Vinaigrette Classic Hellmanns1L (**Mustard**), Cucumber Catering PK 5KG, Tomato Cherry Catering 4KG, Onion Red PK 10KG  
 May Contain: Sesame

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	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Eaton Mess Cheesecake		✓ Wheat		✓			✓			MC	MC Almonds MC Hazelnuts MC Pecan Nuts MC Pistachio Nuts MC Walnuts		✓	

INGREDIENTS: Cheesecake Eton Mess (**Wheat, Eggs, Milk, Soybeans**), Sauce Strawberry Dessert Brakes 500g  
 May Contain: Peanuts, Nuts from Trees, Almonds, Hazelnuts, Pecan Nuts, Pistachio Nuts, Walnuts

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	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Fries														

INGREDIENTS: Fries Sunflower Bravi IBP 15mm 2.5KG, Oil Rapeseed Extended Life B/B 20L

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Recipe	Allergens													
														
Fruit Salad	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites

INGREDIENTS: Salad Fruit Special Compass 4KG

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Garlic Bread	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Garlic Bread		✓ Wheat					✓						MC	

INGREDIENTS: Bread Garlic Herb Slice Brake 24g (**Wheat, Milk**)  
 May Contain: Soybeans

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Ice Cream for Crumble		<b>MC</b> Barley <b>MC</b> Kamut <b>MC</b> Oats <b>MC</b> Rye <b>MC</b> Spelt <b>MC</b> Wheat		<b>MC</b>			✓				<b>MC</b> Almonds <b>MC</b> Brazil Nuts <b>MC</b> Cashew Nuts <b>MC</b> Hazelnuts <b>MC</b> Macadamia Nuts <b>MC</b> Pecan Nuts <b>MC</b> Pistachio Nuts <b>MC</b> Walnuts		<b>MC</b>	

INGREDIENTS: IceCream Vanilla Artiscoop CarteDOr 5.5L (**Milk**)  
 May Contain: Cereals With Gluten, Barley, Kamut, Oats, Rye, Spelt, Wheat, Eggs, Nuts from Trees, Almonds, Brazil Nuts, Cashew Nuts, Hazelnuts, Macadamia Nuts, Pecan Nuts, Pistachio Nuts, Walnuts, Soybeans

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Kids Fish, Chips & Peas		<b>MC</b> Barley <b>MC</b> Kamut <b>MC</b> Oats <b>MC</b> Rye <b>MC</b> Spelt ✓ Wheat			✓									















INGREDIENTS: MSC-POLLOCK: FILLET - SKINLESS & BONELES (**Fish**), Peas Value Fullers 2.5KG, Chips Medium Cut Brakes 7/16 2.5KG, Mix Batter Premium The Bay 16KG (**Wheat**), Spice Turmeric Ground Brakes 550g, Salt Cooking Brakes 3KG, Pepper Black Cracked Sysco 500g, Wild Farmed Flour Plain 16KG (**Wheat**)  
 May Contain: Barley, Kamut, Oats, Rye, Spelt

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Recipe	Allergens													
														
Kids Sausage, Chips & Beans	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
		✓ Wheat												✓

INGREDIENTS: Oil Rapeseed Extended Life KTC 5L, Beans Baked NAS Vegan Heinz 6x2.62kg, Sausage Gourmet Cumberland 8s 80% 1.5KG (**Wheat, Sulphur D02/Sulphites**), Fries Sunflower Bravi IBP 15mm 2.5KG

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Kids Tomato & Vegetable Penne Pasta with Garlic Bread	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
		✓ Wheat					✓						MC	

INGREDIENTS: Courgette Green BB 1kg, Bread Garlic Herb Slice Brake 24g (**Wheat, Milk**), Onion Red PK 10KG, Tomatoes Chopped Canned Riverdene 2.5KG, Paste Tomato 800g, Herb Thyme Bunch BB 100g, Pasta PenneTriple Lion 3KG (**Wheat**)  
 May Contain: Soybeans

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Kids Vegan Sausage, Chips & Beans	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites

INGREDIENTS: Oil Rapeseed Extended Life KTC 5L, Vegan Breakfast Sausage 56g, Beans Baked NAS Vegan Heinz 6x2.62kg, Fries Sunflower Bravi IBP 15mm 2.5KG

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Lemon & Mango Sorbet														

INGREDIENTS: Ice Cream Mango Sorbet 2L, Ice Cream Lemon Sorbet 2L

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Mash Potato- Kids		✓ Wheat					✓						<b>MC</b>	

INGREDIENTS: Courgette Green BB 1kg, Bread Garlic Herb Slice Brake 24g (**Wheat, Milk**), Onion Red PK 10KG, Tomatoes Chopped Canned Riverdene 2.5KG, Paste Tomato 800g, Herb Thyme Bunch BB 100g, Pasta PenneTriple Lion 3KG (**Wheat**)  
 May Contain: Soybeans

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Recipe	Allergens													
														
Steamed New Potatoes														

INGREDIENTS: Potato - Mids (Baby)

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	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
WZ GF Tomato pasta							✓						MC	

INGREDIENTS: Pasta Penne G/F Garofalo 400g, Cheese Cheddar Grated Mature White 1KG (**Milk**), Courgette Green BB 1kg, Onion Red PK 10KG, Tomatoes Chopped Canned Riverdene 2.5KG, Paste Tomato 800g, Herb Thyme Bunch BB 100g  
 May Contain: Soybeans

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Rainbow Salad Superfood		<b>MC</b> Wheat							✓				✓	✓















INGREDIENTS: Spinach Baby Leaf Premium 250g, Onion Red 2.5KG, Tomato Cherry Vine Premium 250g, Herb Parsley Flat Leaf Bunch BB 100g, Oil Olive Pomace Blend Brakes Ess 5L, Olives Black Pitted Pouch Pack 1.8KG, Soya Beans Global Hacienda 1KG (**Soybeans**), **Mustard** Dijon Colmans 2.25L (**Sulphur D02/Sulphites**), Quinoa White 1KG, Broccoli Premium 500g, Pomegranate Prep BB 150g, Seed Pumpkin Sysco 550g, Vinegar White Wine Brakes 5L (**Sulphur D02/Sulphites**)  
 May Contain: Cereals With Gluten, Wheat

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Recipe	Allergens													
														
Salad - Kids	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites

INGREDIENTS: Salad Catering Mixed 500g, Tomato Cherry Catering 4KG, Cucumber Catering PK 5KG

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Steamed Seasonal Vegetables														

INGREDIENTS: Peas Value Fullers 2.5KG, Carrot Chantenay BB1KG, Beans Green Fine Whole 2.5KG

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Strawberry Ice Cream Sundae	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur Dioxide/Sulphites
Strawberry Ice Cream Sundae		✓ Wheat					✓							

INGREDIENTS: IceCream Strawb Artiscoop CarteDOr 5.5L (**Wheat, Milk**), Choc Bar 99 Cal Flake Cadbury 32g (**Milk**), Cream Aerosol 500g (**Milk**), Sauce Strawberry Dessert Brakes 500g

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Tomato & Vegetable Pasta GF							✓						MC	

INGREDIENTS: Pasta Penne G/F Garofalo 400g, Basil 100g, Paste Tomato 800g, Cheese Cheddar Grated Mature White 1KG (**Milk**), Spice Crack Black Pepper 500g, Salt Cooking Brakes 3KG, Oil Rapeseed Extended Life B/B 20L, Courgette Premium 5KG, Onion Red PK 10KG, Tomatoes Chopped Canned Riverdene 2.5KG  
 May Contain: Soybeans

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- **MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food. Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen

# ALLERGEN CARD















Recipe	Allergens													
														
Tomato & Vegetable Pasta	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Tomato & Vegetable Pasta		✓ Wheat					✓							

INGREDIENTS: Pasta PenneTriple Lion 3KG (**Wheat**), Basil 100g, Paste Tomato 800g, Cheese Cheddar Grated Mature White 1KG (**Milk**), Spice Crack Black Pepper 500g, Salt Cooking Brakes 3KG, Oil Rapeseed Extended Life B/B 20L, Courgette Premium 5KG, Onion Red PK 10KG, Tomatoes Chopped Canned Riverdene 2.5KG

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Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Tomato pasta Bake		✓ Wheat					✓							

INGREDIENTS: Pasta Fusilli Triple Lion 3KG (**Wheat**), Cheese Cheddar Grated Mature White 1KG (**Milk**), Courgette Green BB 1kg, Onion Red PK 10KG, Tomatoes Chopped Canned Riverdene 2.5KG, Paste Tomato 800g, Herb Thyme Bunch BB 100g

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# ALLERGEN CARD















Recipe	Allergens													
														
Vegan Cheese	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites

INGREDIENTS: Cheese Vegan Grated PlantNation 1KG

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Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Vegan Chocolate Torte & Vegan Vanilla Ice-cream		✓ Oats								MC	MC Almonds MC Brazil Nuts MC Hazelnuts MC Macadamia Nuts MC Pecan Nuts MC Pistachio Nuts MC Walnuts		✓	















INGREDIENTS: IceCream Vegan Vanilla Artiscoop CarteDO (**Soybeans**), Torte GF Vegan Chc Truf Brownie Brake (**Oats, Soybeans**)  
 May Contain: Peanuts, Nuts from Trees, Almonds, Brazil Nuts, Hazelnuts, Macadamia Nuts, Pecan Nuts, Pistachio Nuts, Walnuts

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Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Vegan Garden Burger	<b>MC</b>	✓ Barley <b>MC</b> Oats <b>MC</b> Rye ✓ Wheat		<b>MC</b>			<b>MC</b>		✓			<b>MC</b>	✓	

INGREDIENTS: Heinz Burger Relish (**Mustard**), Burger Bun Vegan BriocheStyle Labo 90g (**Wheat**), Burger GardenGourmetSensational 113g 2KG (**Barley, Wheat, Soybeans**), Lettuce Gem Little Premium 2s 225g, Tomato Beef Premium 7KG, Onion Red PK 10KG  
 May Contain: Celery, Oats, Rye, Eggs, Milk, Sesame

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Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Vegetable Pesto Pasta GF				<b>MC</b>			✓						<b>MC</b>	

INGREDIENTS: Pasta Penne G/F Garofalo 400g, Cheese Shaved Italian Veg Hard 1KG (**Milk**), Spice Crack Black Pepper 500g, Salt Cooking Brakes 3KG, Butternut Squash Premium 1KG, Oil Rapeseed Extended Life B/B 20L, Courgette Premium 5KG, Pesto Vegan Super Green 900g, Pepper Red Premium 5KG, Onion Red PK 10KG  
 May Contain: Eggs, Soybeans

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	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Vegetable Pesto Pasta		✓ Wheat		<b>MC</b>			✓							

INGREDIENTS: Pasta PenneTriple Lion 3KG (**Wheat**), Cheese Shaved Italian Veg Hard 1KG (**Milk**), Spice Crack Black Pepper 500g, Salt Cooking Brakes 3KG, Butternut Squash Premium 1KG, Oil Rapeseed Extended Life B/B 20L, Courgette Premium 5KG, Pesto Vegan Super Green 900g, Pepper Red Premium 5KG, Onion Red PK 10KG  
 May Contain: Eggs

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