AFRICA OUTPOST

HOT DRINKS	REG	LARGE	HOT FOOD		
Babyccino 87kcal	£1.95		Jumbo Hot Dog 633Kcal		£8.50
Kids Hot Choc 151kcal	£2.50		Jumbo Vegan Hot Dog 400Kcal		£8.50
Tea 1kcal	£2.75		American Jumbo Hot Dog 678Kcal Topped with ketchup, mustard & crispy onions		£9.00
Special Tea 1kcal	£2.95		BBQ Jumbo Hot Dog 962Kcal		£10.95
Espresso 1kcal	£2.75		Topped with cheese, bacon & BBQ sauce		
Db Espresso 2kcal	£3.25				
Americano 1kcal	£3.25	£3.50	ICE-CREAM		
Flat White 70kcal	£3.50		Whippy Ice Cream 122Kcal		£3.95
Latte 130kcal	£3.50	£3.95	Whippy with Flake 288Kcal		£4.45
Cappucino 134kcal	£3.50	£3.95	Whippy with Flake & Sauce 316Kcal		£4.95
Mocha 224kcal	£3.95	£4.50	Packaged Ice Creams f	rom	£1.50
Hot Chocolate 226kcal	£3.75	£4.25			
			1 Scoop avg 164Kcal		£3.65
Add Syrup 32kcal	£0.80		2 Scoop avg 270Kcal		£4.95
Add Shot 1kcal	£0.80		Add Flake 166Kcal		£0.50
Add Marshmallows 33kcal	£0.80		Add Sauce avg 28Kcal		£0.50
Add Cream 58kcal	£0.80		Add Sprinkles avg 41Kcal		£0.50
Add Oldani Jokean	~0.00				
			LUNCH		
COLD DRINKS					£4.50
Still or Sparkling Water Ca	ans	£1.60			£6.25
Fizzy Cans		£1.90	Salads f	rom	£7.25
Juice Cartons		£1.95			
Milkshake Cartons		£1.95	SNACKS		
Iced Slushies		£4.50	Tyrrell's Crisps		£1.85
iceu siusilles		£4. 50	Pom Bears		£1.50
			Proper Corn		£2.65
BAKERY			Jelly Squeeze		£1.50
Chocolate Brownie 303Kcal		£2.95	Penguin Bars Deicinc		£1.50
			Raisins Granola Vogburt Pot		£1.50 £2.95
Flapjack 585Kcal		£2.95	Granola Yoghurt Pot		12.95 C2.05

Still or Sparkling Water Cans	£1.6	
Fizzy Cans	£1.9	
Juice Cartons	£1.9	
Milkshake Cartons	£1.9	
Iced Slushies	£4.	

Cookie 235Kcal Rocky Road 295Kcal

Muffin 504Kcal

Iced Doughnut 437Kcal

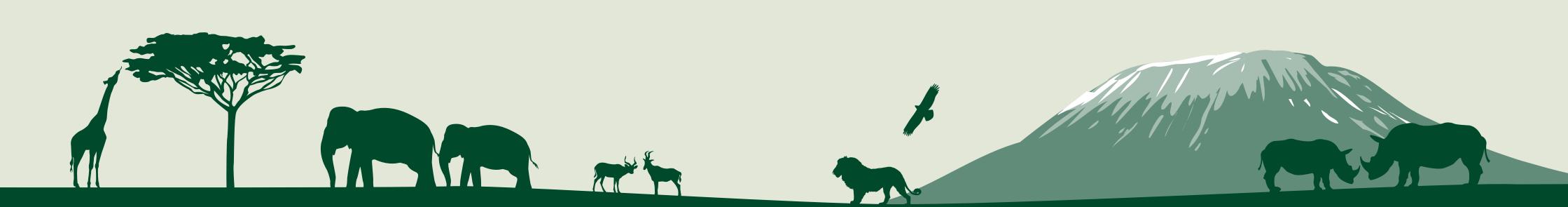
£2.45 £2.95 £3.50 £2.95 **Fruit Salad Pot**

CHILDRENS MEAL BAG

Choose 1 children's sandwich, 1 juice carton, **1** Pom Bears, **2** snacks



£7.50



Average recommended daily calorie count 2000kcal a day