















ALLERGEN CARD















Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Apple & Blackberry Crumble		✓ Wheat											MC	

INGREDIENTS: Mix Crumble Compass 3.5KG (**Wheat**), Filling Pie Blackberry Apple 2.5KG
 May Contain: Soybeans

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Battered Haddock Fish, Tartar Sauce & Lemon Wedge		✓ Wheat			✓									

INGREDIENTS: **Fish** Haddock Fillet 140 -170g, Flour Plain Brakes 1.5KG (**Wheat**), Mix Batter Premium The Bay 16KG (**Wheat**), Lemon Premium 120g, Water Cold 1L, Oil Rapeseed Extended Life KTC 5L, Salt Cooking Brakes 3KG

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Cajun Chicken Burger		MC Barley MC Oats MC Rye ✓ Wheat		MC			MC		✓				MC	

INGREDIENTS: Onion Red PK 10KG, Seasoning Cajun Sysco 650g, Tomato Beef Premium 7KG, Lettuce Cos Premium 300g, CHICKEN BREAST ESCALOPE 142-170G EACH, Oil Rapeseed Extended Life KTC 5L, Salt Sea Maldon Tub 1.5KG, Pepper Whole Black Sysco 600g, Burger Bun Vegan BriocheStyle Labo 90g (**Wheat**), Salt Cooking Brakes 3KG, Oil Rapeseed Extended Life B/B 20L, Fries Rustic Sunf HomeStyle FF IBP 2.5KG, Garlic Fresh Pack Premium, Lemons BB, Oil Olive Pomace Blend Brakes Ess 5L, Mayonnaise Vegan Hellmanns 2L (**Mustard**)
 May Contain: Barley, Oats, Rye, Eggs, Milk, Soybeans

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Recipe	Allergens													
														
Char Grilled Chicken Breast														

INGREDIENTS: CHICKEN BREAST ESCALOPE 142-170G EACH, Salt Cooking Brakes 3KG, Oil Rapeseed Extended Life B/B 20L

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Chocolate Ice Cream Sundae		✓ Wheat		✓			✓				✓ Hazelnuts		✓	

INGREDIENTS: Choc Bar 99 Cal Flake Cadbury 32g (**Milk**), IceCream TrpChoc Artiscoop CarteDOr 5.5L (**Wheat, Eggs, Hazelnuts, Milk**), Sauce Choc Dessert Brake 500g (**Soybeans**), Cream Aerosol 500g (**Milk**)

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Recipe	Allergens													
														
Coleslaw	Celery	Cereals With Gluten	Crustaceans	Eggs ✓	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites

INGREDIENTS: Carrot Catering 12.5KG, Spice Crack Black Pepper 500g, Sauce Mayonnaise Light Heinz 5L (**Eggs**), Cabbage White Premium 1KG, Cabbage Red Premium 1KG, Salt Cooking Brakes 3KG

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Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites	
Cream for Crumble						✓								

INGREDIENTS: Cream Double Poly RT 2.27L (**Milk**)

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Custard							✓							

INGREDIENTS: Custard Ready To Serve Brakes 1L (**Milk**)

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Recipe	Allergens													
														
Dressed Salad									✓			MC		

INGREDIENTS: Salad Catering Mixed 500g, Dressing Vinaigrette Classic Hellmanns1L (**Mustard**), Cucumber Catering PK 5KG, Tomato Cherry Catering 4KG, Onion Red PK 10KG
 May Contain: Sesame

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Recipe	Allergens													
														
Fries	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur Dioxide/Sulphites

INGREDIENTS: Fries Sunflower Bravi IBP 15mm 2.5KG, Oil Rapeseed Extended Life B/B 20L

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	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur Dioxide/Sulphites
Fruit Salad														

INGREDIENTS: Salad Fruit Special Compass 4KG

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Recipe	Allergens													
														
Garlic Bread	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Garlic Bread		✓ Wheat					✓						MC	

INGREDIENTS: Bread Garlic Herb Slice Brake 24g (**Wheat, Milk**)
 May Contain: Soybeans

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Recipe	Allergens													
														
Grilled broccoli, golden raisins, pine nuts & chilli oil	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Grilled broccoli, golden raisins, pine nuts & chilli oil														✓

INGREDIENTS: Raisins Golden 1KG (**Sulphur D02/Sulphites**), Oil Olive Extra Virgin KTC 5L, Pine Kernals Brakes 1KG, Salt Cooking Brakes 3KG, Broccoli Tenderstem 500gm Pack x4, Oil Olive Pomace Blend Brakes Ess 5L, Chillies Red BB 250g, Garlic Fresh Pack Premium, Sherry Wine Vinegar Palomino Grape 75cl (**Sulphur D02/Sulphites**)

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Ice Cream for Crumble		MC Barley MC Kamut MC Oats MC Rye MC Spelt MC Wheat		MC			✓				MC Almonds MC Brazil Nuts MC Cashew Nuts MC Hazelnuts MC Macadamia Nuts MC Pecan Nuts MC Pistachio Nuts MC Walnuts		MC	

INGREDIENTS: IceCream Vanilla Artiscoop CarteDOr 5.5L (**Milk**)
 May Contain: Cereals With Gluten, Barley, Kamut, Oats, Rye, Spelt, Wheat, Eggs, Nuts from Trees, Almonds, Brazil Nuts, Cashew Nuts, Hazelnuts, Macadamia Nuts, Pecan Nuts, Pistachio Nuts, Walnuts, Soybeans

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Kids Battered Fish, Chips & Peas		✓ Wheat			✓									

INGREDIENTS: **Fish** Haddock Fillet 140 -170g, Flour Plain Brakes 1.5KG (**Wheat**), Mix Batter Premium The Bay 16KG (**Wheat**), Water Cold 1L, Oil Rapeseed Extended Life KTC 5L, Salt Cooking Brakes 3KG, Peas Value Fullers 2.5KG, Fries Sunflower Bravi IBP 15mm 2.5KG

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Recipe	Allergens													
														
Kids Sausage, Chips & Beans	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
		✓ Wheat												✓

INGREDIENTS: Oil Rapeseed Extended Life KTC 5L, Beans Baked NAS Vegan Heinz 6x2.62kg, Sausage Gourmet Cumberland 8s 80% 1.5KG (**Wheat, Sulphur D02/Sulphites**), Fries Sunflower Bravi IBP 15mm 2.5KG

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Kids Tomato & Vegetable Penne Pasta with Garlic Bread	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
		✓ Wheat					✓						MC	

INGREDIENTS: Courgette Green BB 1kg, Bread Garlic Herb Slice Brake 24g (**Wheat, Milk**), Onion Red PK 10KG, Tomatoes Chopped Canned Riverdene 2.5KG, Paste Tomato 800g, Herb Thyme Bunch BB 100g, Pasta PenneTriple Lion 3KG (**Wheat**)
 May Contain: Soybeans

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Kids Vegan Sausage, Chips & Beans	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites

INGREDIENTS: Oil Rapeseed Extended Life KTC 5L, Vegan Breakfast Sausage 56g, Beans Baked NAS Vegan Heinz 6x2.62kg, Fries Sunflower Bravi IBP 15mm 2.5KG

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Lemon & Mango Sorbet														

INGREDIENTS: Ice Cream Mango Sorbet 2L, Ice Cream Lemon Sorbet 2L

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Recipe	Allergens													
														
Mash Potato- Kids	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
		✓ Wheat					✓						MC	

INGREDIENTS: Courgette Green BB 1kg, Bread Garlic Herb Slice Brake 24g (**Wheat, Milk**), Onion Red PK 10KG, Tomatoes Chopped Canned Riverdene 2.5KG, Paste Tomato 800g, Herb Thyme Bunch BB 100g, Pasta PenneTriple Lion 3KG (**Wheat**)
 May Contain: Soybeans

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	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Steamed New Potatoes														

INGREDIENTS: Potato - Mids (Baby)

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Salad - Kids	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites

INGREDIENTS: Salad Catering Mixed 500g, Tomato Cherry Catering 4KG, Cucumber Catering PK 5KG

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Steamed Seasonal Vegetables	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites

INGREDIENTS: Peas Value Fullers 2.5KG, Carrot Chantenay BB1KG, Beans Green Fine Whole 2.5KG

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Strawberry Ice Cream Sundae	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Strawberry Ice Cream Sundae		✓ Wheat					✓							

INGREDIENTS: IceCream Strawb Artiscoop CarteDOr 5.5L (**Wheat, Milk**), Choc Bar 99 Cal Flake Cadbury 32g (**Milk**), Cream Aerosol 500g (**Milk**), Sauce Strawberry Dessert Brakes 500g

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Tartare Sauce									✓					✓

INGREDIENTS: Capers In Brine Brakes 2.38KG, Gherkins Cocktail Brakes 2.3KG (**Sulphur D02/Sulphites**), Herb Parsley Flat Leaf Bunch BB 100g, Lemons BB, Pepper White Ground Sysco 600g, Salt Cooking Brakes 3KG, Shallot Pauleys 1KG, Mayonnaise Vegan Hellmanns 2L (**Mustard**)

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Recipe	Allergens													
														
Tomato & Vegetable Pasta GF							✓						MC	

INGREDIENTS: Pasta Penne G/F Garofalo 400g, Basil 100g, Paste Tomato 800g, Cheese Cheddar Grated Mature White 1KG (**Milk**), Spice Crack Black Pepper 500g, Salt Cooking Brakes 3KG, Oil Rapeseed Extended Life B/B 20L, Courgette Premium 5KG, Onion Red PK 10KG, Tomatoes Chopped Canned Riverdene 2.5KG
 May Contain: Soybeans

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Tomato & Vegetable Pasta		✓ Wheat					✓							

INGREDIENTS: Pasta PenneTriple Lion 3KG (**Wheat**), Basil 100g, Paste Tomato 800g, Cheese Cheddar Grated Mature White 1KG (**Milk**), Spice Crack Black Pepper 500g, Salt Cooking Brakes 3KG, Oil Rapeseed Extended Life B/B 20L, Courgette Premium 5KG, Onion Red PK 10KG, Tomatoes Chopped Canned Riverdene 2.5KG

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Vegan Cheese	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur Dioxide/Sulphites

INGREDIENTS: Cheese Vegan Grated PlantNation 1KG

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Vegan Chocolate Torte & Vegan Vanilla Ice-cream		✓ Oats								MC	MC Almonds MC Brazil Nuts MC Hazelnuts MC Macadamia Nuts MC Pecan Nuts MC Pistachio Nuts MC Walnuts		✓	

INGREDIENTS: IceCream Vegan Vanilla Artiscoop CarteDO (**Soybeans**), Torte GF Vegan Chc Truf Brownie Brake (**Oats, Soybeans**)
 May Contain: Peanuts, Nuts from Trees, Almonds, Brazil Nuts, Hazelnuts, Macadamia Nuts, Pecan Nuts, Pistachio Nuts, Walnuts

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	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Vegetable Pesto Pasta GF				MC			✓						MC	

INGREDIENTS: Pasta Penne G/F Garofalo 400g, Cheese Shaved Italian Veg Hard 1KG (**Milk**), Spice Crack Black Pepper 500g, Salt Cooking Brakes 3KG, Butternut Squash Premium 1KG, Oil Rapeseed Extended Life B/B 20L, Courgette Premium 5KG, Pesto Vegan Super Green 900g, Pepper Red Premium 5KG, Onion Red PK 10KG
 May Contain: Eggs, Soybeans

Allergen and Nutrition Advice:

- Ingredients highlighted in bold or annotated with ✓ are allergens that are present in this product
- **MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food. Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen

ALLERGEN CARD

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Vegetable Pesto Pasta		✓ Wheat		MC			✓							

INGREDIENTS: Pasta Penne Triple Lion 3KG (**Wheat**), Cheese Shaved Italian Veg Hard 1KG (**Milk**), Spice Crack Black Pepper 500g, Salt Cooking Brakes 3KG, Butternut Squash Premium 1KG, Oil Rapeseed Extended Life B/B 20L, Courgette Premium 5KG, Pesto Vegan Super Green 900g, Pepper Red Premium 5KG, Onion Red PK 10KG
 May Contain: Eggs

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